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5 Things To Know This AM

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Marking its 10-year anniversary, The Yoga Room is hosting "Yoga in the Park," a fun and free way to bring your yoga practice to the outdoors and enjoy the beauty of New York City. (The Yoga Room)

NYC is the city that never sleeps. And **The Mark** is the hotel that never sleeps — with 24-hour check-in, in-room dining from Jean-Georges Vongerichten's full menu at any hour, and 24/7 shopping at the iconic Bergdorf Goodman through private personal shoppers. (The Mark Hotel)

Contrary to popular belief, food trucks do not have to equal fast (a.k.a. unhealthy) food. Check out the 26 healthiest food trucks in America. (Greatist)

Your favorite neighborhood sushi spot just got better. Haru Happy Hour features lobster gyoza, short-rib buns, filet mignon yakitori, and more. All for under \$8. (Haru)

Dream Hotels has collaborated with Harif Guzman and RumbaTime to present the Haculla Edition Delancy watch — a limited-edition item of only 300 that is exclusively available at Safira boutique at Dream Downtown and at RumbaTime. (Dream Hotels)